

Before Measurement



No Smoking
(within 30 mins)



No Eating & Caffeine
(within 30 mins)



Keep Calm



Don't Exercise
(within 30 mins)

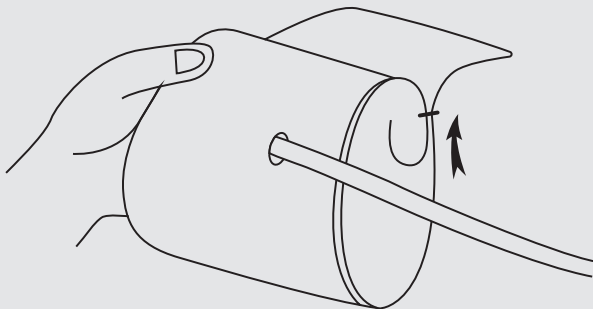


No Medicine
(within 30 mins)



Sit still for 5 minutes

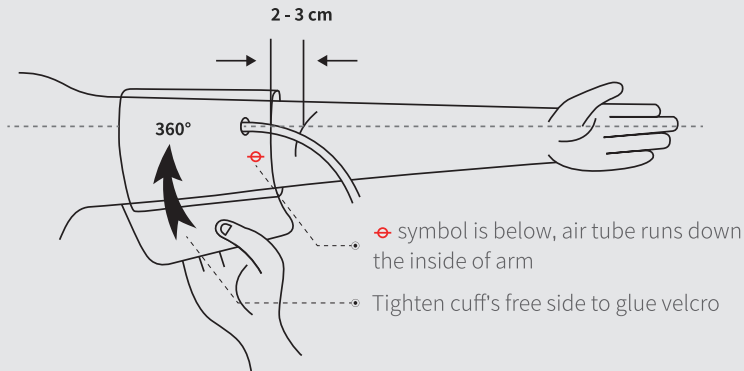
1 Cuff Operation



Notice:

- 1 Lay cuff flat and velcro down.
- 2 Cuff ends pass through metal ring to form a loop.
- 3 Cuff's velcro faces outwards.

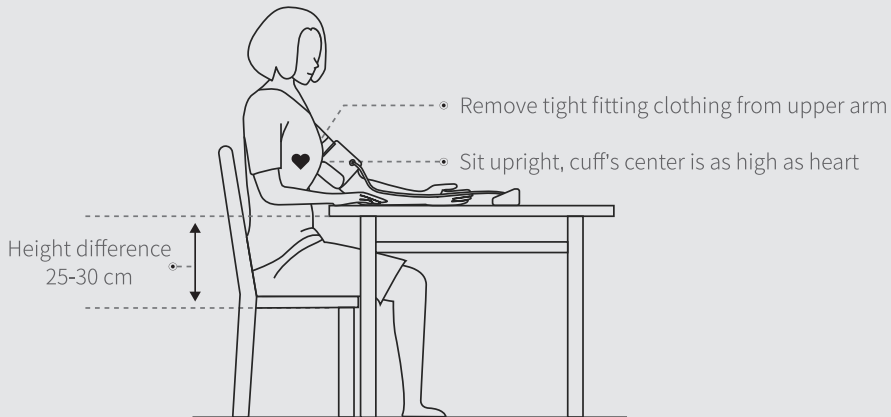
2 Wear Cuff



Notice:

- 1 Point cuff nozzle toward lower arm.
- 2 Distance from cuff's lower edge to elbow joint is :2-3 cm.
- 3 Cuff can be rotated around upper arm, with tight space for two fingers.

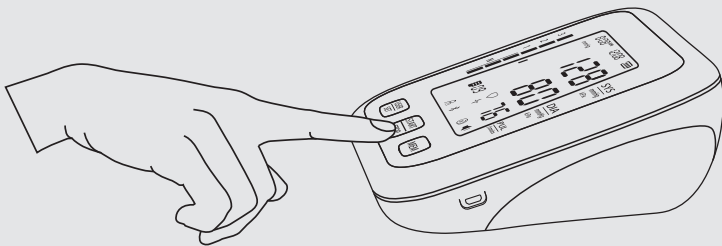
3 Correct Measurement Posture



Notice:

- 1 Lay left arm flat on the table, palms facing up.
- 2 Do not break or bend rubber tube.

④ One-Touch Operation



Notice:

- ① Press button to start measurement.
- ② Waiting for the measurement result.



JUMPER

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